Jennifer Ling, MD Ophthalmologist / Surgeon

Christopher Turner, OD Lauren McLoughlin, OD Optometrist

Optometrist

Dwight Arvidson, OD Optometrist

## Appointment timeline and prescriptions for a **EVO Visian ICL procedure**

- Contact lenses can be worn to the surgery center. .
- Surgery is done on Tuesdays at Coastal Surgical Center.
- You will be contacted by a nurse from Coastal Surgical prior to your procedure to go over preoperative instructions and to confirm your arrival time.
- You will receive surgery paperwork prior to surgery. Please bring this paperwork with you to the surgery • center and sign where instructed.
- Plan on being at the surgery center for about 3 hours. You will need a driver. After the procedure you will • be expected to take a nap and limit visual activities for the remainder of the day.
- Follow up appointments will be scheduled at 1-day, 1-week, 1- month, 3-months and 1 year.

Prescription eye drops will be used post EVO Visian (these will be called in prior to surgery).

- 1 HOUR BEFORE YOU LEAVE YOUR HOUSE TO GO TO COASTAL SURGICAL CENTER use 1 drop of Moxifloxacin and 1 drop of Prednisolone - every 15 minutes - for a total of 4 doses in one hour prior to your procedure.
- After surgery:
  - **Moxifloxacin:** 1 drop both eyes, **4 times** a day for **7 days**. •
  - **Nevenac:** 1 drop, both eyes, **3 time a day until bottle is gone**. • If Prolensa is substituted for Nevenac, Prolensa is 1x a day until gone.
  - Prednisolone Acetate: 1 drop both eyes, 4 times a day for 14 days. Then 2 times a day until bottle is gone.

NOTE: Instructions on your prescription bottle may differ than from what is listed above. Please follow OUR instructions and NOT what is on the pharmacy label.

Arrival time TBD by surgery center (usually around 7am) – they will call you 1 week prior to surgery with a confirmed time:

Surgery date:

Visian lens cost due 2 weeks prior: Due:

Surgery center fee due day before surgery or earlier: Date:\_\_\_\_\_

Don't have a good prescription plan or have a high deductible? Check www.GoodRx.com for possible coupons

CLEAR ADVANTAGE VISION CORRECTION CENTER

155 Borthwick Avenue, Suite 200 East ~ Portsmouth NH 03801 www.ClearAdvantageLaser.com Phone: 603-501-5000 Fax: 603-501-5001 Texting: 603-316-2704 Email: LASIK@ClearAdvantageLaser.com



### POST OP FOLLOWING EVO VISIAN ICL SURGERY

- 1. Eye protection is recommended outdoors(sunglasses) and at bedtime for <u>1 week</u>. You will be provided with an eye shield to use for bedtime. Use your own discretion when indoors.
- No restrictions on bathing, showering, shampooing hair, having a permanent, or drying your hair, BUT <u>NO</u> <u>swimming</u> underwater for 2 weeks. <u>No eye makeup</u> for one week.
- 3. YOU MAY travel in an airplane, read, and watch T.V.
- 4. YOU MAY bend over to put on shoes, socks, or pick up things (DO NOT LIFT OVER 35lbs.)
- 5. YOU MAY sleep in any position.
- 6. Your vision may be good enough to drive as soon as the day after surgery. Ask your surgeon if you are not sure. Please be aware that your eye will likely stay dilated for 1 to 2 days after surgery.
- 7. Please refrain from any vigorous physical activity that might increase your chances of falling and hitting your "operated" eye (such as skiing, skating, tennis, etc.) for <u>1 WEEK</u>. It is okay for you to take a walk or play golf as long as you are wearing eye protection. If you are unsure, please ask.
- 8. It is not unusual to experience watering, a foreign body or a scratchy sensation for the first few weeks after surgery as the eye heals. It will improve with time. You can use lubricant eyedrops like artificial tears. You can use these up to four times a day. Please do not use lubricating drops 30 minutes before or after medicated eyedrops are used.
- PLEASE CALL THE OFFICE AS SOON AS POSSIBLE at 603-501-5000 if you experience sudden intense pain or a dramatic change of vision in the "operated" eye. If it is after hours and you experience an emergency, our on-call doctor at 603-964-9192.



### 291 Shattuck Way, Newington, NH 03801 Phone: 603-314-8035

<u>Traveling North</u>: Take I-95 to Exit 4 on the left for US-4/NH-16 toward White Mountains. Keep left, follow signs for Newington/Dover/US-4/NH-16/ White Mountains. Take Exit 4 for Shattuck Way toward Newington Village. Turn right onto Shattuck Way. The surgical center is located 0.3 miles down the road on the right side with ample parking.

<u>Traveling South</u>: Take Spaulding Turnpike/NH-16. Take Exit 4 for US-4/NH-16 N toward Newington Village/Historic Sites/Dover/Concord. Continue 0.2 miles onto Nimble Hill Road. Turn right on Shattuck Way. The surgical center is located 1.5 miles down the road on the left side with ample parking.

<u>Traveling West</u>: Take I-495 North. Exit 4 on the left for US-4/NH-16 toward White Mountains. Keep left, follow signs for Newington/Dover/US-4/NH-16/ White Mountains. Take Exit 4 for Shattuck Way toward Newington Village. Turn right onto Shattuck Way. The surgical center is located 0.3 miles down the road on the right side with ample parking.

\*You must have someone drive you home. Do not plan to use taxis, Uber, or other public transportation for your procedures. The surgery center must ensure all patients are discharged to a responsible adult, except those patients exempted by an attending physician. \*



Eyesight Ophthalmic Services 267 Route 108 – Somersworth NH 03878 Phone: 603-692-7500

From Concord / Rochester - Spaulding Turnpike / NH-Route 16S

- Take Exit 9 Dover / Somersworth NH-108
- Take right at light off exit ramp
- Travel through 1 set of lights. At second light, take left onto Indian Brook Road
- Travel approximately 2.3 miles. Eyesight will be on your right, after passing Pinewood Medical Center and Great Bay Oral Surgery.

From Portsmouth - Spaulding Turnpike / NH-Route 16N

- Take Exit 9 Dover / Somersworth NH-108
- Bear right at light off exit ramp
- At first light, take left onto Indian Brook Road
- Travel approximately 2.3 miles. Eyesight will be on your right, after passing Pinewood Medical Center and Great Bay Oral Surgery.

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**Fee Schedule** 

155 Borthwick Avenue, Suite 200 East ~ Portsmouth NH 03801 www.ClearAdvantageLaser.com 603-501-5000 ~ Lasik@ClearAdvantageLaser.com



	<mark>\$ 9,200.00</mark> or \$ 4,600 per eye	<mark>\$ 9,800.00</mark> or \$ 4,900 per eye	<mark>\$ 9,500.00</mark> (\$ 4,600 Visian + \$ 4,900 Toric)
PROCEDURE	Visian / EVO (without astigmatism)	Visian Toric / EVO Toric (for astigmatism)	1 eye Visian/EVO & 1 Visian Toric/EVO Toric

Fees include:

- A complete evaluation with preoperative tests to determine candidacy for refractive surgery
- Refractive surgery on one or both eyes (depending on treatment recommended).
- All post-operative care for 1 year. This generally includes care at your current optometrist if they participate in Visian care.
  - LASIK enhancement or lens replacement, if necessary, within the first year.

## **PAYMENT BREAKDOWN**

Clear Advantage Visian Fees (due 2 weeks prior to surgery):

<b>\$ 5,694 both eyes</b> / \$2,847 one eye	<b>\$ 6,294 both eyes</b> / \$3,147 one eye	\$ 5 994 both eves
Visian / EVO (without astigmatism)	<mark>Visian Toric / EVO Toric (for astigmatism)</mark>	1 eve Visian/EVO & 1 Visian Toric/EVO Toric

Coastal Surgical Center Fees (due day before or earlier):

# <mark>\$ 3,506 both eyes</mark> or \$ 1,753 per eye

Payment Options:

- MasterCard, Visa, Discover, American Express, Cash or Bank Check made out to "Clear Advantage Vision Correction" (No personal checks, please)
- If you plan to use your ATM card on surgery day, please notify your bank. Most ATM cards have a maximum per day allowance and the card may be declined without prior notification to your bank.
- Flexible Spending Account (FSA) and/or Health Savings Account (HSA) payment options (available through many employers). Please make sure you understand how your benefits work prior to surgery and verify the funds you have available and are able to process the entire transaction. •
- Interest free financing is available for 6, 12, 18 or 24 months and interest bearing payments up to 66 months (Care Credit or GreenSky). •