



**N. Timothy Peters, MD**  
Medical Director / Surgeon

**Christopher J. Turner, OD**  
Optometrist

**Lauren McLoughlin, OD**  
Optometrist

See what you've been missing...

## PRK SURGERY DAY CHECKLIST

- Have your exact fee ready at the time of surgery.** See the enclosed fee schedule for the acceptable forms of payment.
- Bring your signed consent form(s) with you.** Read it at home and have it signed and/or initialed in all the designated areas. This does not need to be signed or witnessed in front of a staff member.
- Bring your prescription with you on surgery day.** PLEASE: **DO NOT TAKE THE VALIUM, OR USE THE LOTEMAX OR VIGAMOX** UNTIL YOU ARE INSTRUCTED TO DO SO IN OUR OFFICE.
- Purchase additional preservative free tears.** For your convenience, we will be supplying you with a sample package of Refresh Optive™ Preservative Free Tears on the day of surgery. You will need to pick up additional preservative free tears (**any brand is acceptable except for Visine**). You will be using tears frequently for a month after surgery so we recommend an economy size box (usually between 70 – 150 vials). **Preservative free tears are NOT sold in bottles.**
- Please make sure you have arranged for a driver to pick you up after surgery.** Plan to be at the office for approximately 45 minutes to 1 hour from your time of arrival. If your designated driver would like to join you for the pre-operative instructions given prior to surgery, we would be happy to have them accompany you.



We care very much about your safety after surgery, and would prefer you didn't make arrangements to "meet in the parking lot" unless absolutely necessary.

- Pre-book your next 3 follow up appointments.** After PRK procedures it is imperative that you are seen at regular intervals to monitor your recovery. These appointments will be arranged at our office, or with prior approval, can be arranged with your regular eye doctor. Your follow up appointments for the next year will be as follows:
  - 1-day – at Clear Advantage (approx. 10 minutes)
  - 3-day – at Eyesight Ophthalmic Services in Somersworth, NH (approx. 10 minutes)
  - 1-week – at Clear Advantage (approx. 10 minutes)
  - 1-month – at Clear Advantage or your eye doctor (approx. 10 minutes)
  - 3-months – at Clear Advantage or your eye doctor (approx. 10 minutes)
  - 1 year – at Clear Advantage or your eye doctor (approx. 10 minutes)

**Surgery days are every Thursday with an arrival time between 9:45am and 5:15pm and one Friday per month with an arrival time between 9:15am and 3:15pm.**